

Rutgers Center for Adult Autism Services

Intensive Outpatient Clinic Referral Form

Section I: Patient Information

First Name	La	ast Name		Date of Birth
Gender □ Male □ Female □ Nonbinary	Heig	ght (ft./in.)	Weight (lbs.)
Street Address		City, State	Zip	Is this: a personal home a residential/ group home

If you selected that the above address is a residential/group home, complete the following:

Company Name		Contact Person Name	Contact Person Tit	tle
Phone Number	Email	Address		
Street Address		City, State	Zip	

Legal Guardian First Name	Legal Guardian Last Name		Relation to Patient (e.g., parent, sibling, court appointed)	
Street Address		City, State		Zip
Phone Number	Email Ad	ldress		
Preferred Form of Contact		Best Time to Reach		
\square Phone \square Email \square Other:		□ Morning □ Afternoon □ Other:		

Has this individual been seen by the Rutgers Center for Adult Autism Services (RCAAS) before? □ Yes □ No

The following section is only ap Support Coordinator Name	plicable to N SC Agency		ts Patient's Current (indicate acuity if applicable)		Program Enrollment □ SP □ CCP
Phone Number		Email Ac	ldress		
Street Address		City, Stat	te	Zip	

Primary Care Physician Name (First and Last)			Date of Las	t Visit
Office Phone Number	Email Ado	dress		
Street Address	City, State			Zip

Person Completing this Form	Relationship to Patient	Date Completing this Form
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Who Referred You to Our Program?

Name (First and Last)		Affiliation	
Phone Number	Emai	1 Address	
Street Address	City, Sta	ate	Zip
			1

Emergency Contact (First and Last)		Relationship to Patient
Phone Number	Email Address	L

Section II: Social History

Name of Primary Caregiver	This is the patient's			
		□ Biological Parent □ Adoptive Parent □ Biologica		
		Sibling Adoptive Sibl	ling 🗖 Other	
How long has the patient lived it this home?		Has the patient ever received residential services before? (this does not include hospitalizations) \Box Yes \Box No If yes, where?		
Please provide a list of individu	als w	ho currently live with the p	patient	
Name	Age		Relationship to Patient	

If the patient currently lives in a personal home, complete the following

If the patient currently lives in a group home, complete the following

Company Name		How long has the patient lived here?		Is the patier ratio of 1:1 □ Yes □ N	0	
How many other residents live		What is the average age of the	he	e This home is		
with the patient?	(other residents?		□ Male	-	
				🗖 Fema	les Only	
				□ Mixe	d Gender	
Has the patient lived in any othe	er res	sidential placements previou	usly?	(this does n	not include	
hospitalizations) • Yes • No	If	yes, please list below				
Facility Name		Dates of Residence		as the patien ratio of 1:1	nt staffed at a or higher?	
				□ Yes	□ No	
				□ Yes	□ No	
				□ Yes	□ No	

Biological/Adoptive Mother's Name	Biological/Adoptive Mother 's Age
	(if decreased, shark here \Box)
	(if deceased, check here \Box)
Biological/Adoptive Mother's Occupation	Is the patient's biological/adoptive mother
	currently active in the patient's care/life?
	□ Yes □ No
Biological/Adoptive Father's Name	Biological/Adoptive Father's Age
	6 1 6
	(if deceased, check here \Box)
Biological/Adoptive Father's Occupation	Is the patient's biological/adoptive father
	currently active in the patient's care/life?
	\Box Yes \Box No
The notiont's narouts are	
The patient's parents are	
The patient's parents are □ Married □ Divorced □ Separated	□ Widowed □ Never Married
	□ Widowed □ Never Married

Check any of the following situations the patient is currently experiencing or has previously experienced							
CPS/Foster Placement	□ Tobacco Use	□ Alcohol Abuse	Drug Abuse				
□ Physical Abuse	□ Sexual Abuse	Emotional Abuse	Caregiver Negligence				
Legal Problems/Arrest	□ Other						
If any of the above were cho	ecked, please provi	ide additional detail					
Please specify how the patient communicates							
□ Spoken English □ Spoken Non-English Language (specify)							
□ American Sign Language (ASL) □ Picture Communication System □ Augmentative							
Communication System (e.g., iPad, Dynavox) Other:							
Please specify the communication level							
□ Social Conversational □ Answers Questions/ Engages in to-and-fro conversation							
\Box Short Sentences \Box 2-3	3 Word Phrases	□ Single Words □ I	Leading Others Towards				
Desired Items Dointing	□ Other:						

Section III: Medical History and Intervention

Has the patient ever required a surgical procedure? Yes No									
If yes, please describe below Surgery	Date (or age)	Reason							
Surgery									
Has the patient experienced a severe head or bodily injury? □ Yes □ No If yes, please describe below									
Please describe the patient's sle	eeping habits								
\Box No concern \Box Regular sleep	wake times \Box Irregular sleep	/wake times Doesn't stay asleep							
		ncopresis (nighttime bed soiling)							
□ Other:									
Please describe the patient's ap									
\Box No concern \Box Food select	tivity Swallowing deficit	\Box Vomiting \Box Packing							
\Box Obesity \Box Rumination (brid	inging back up and/or rechewi	ing partially digested food that has							
already been swallowed) $\Box A$	Aerophagia (excessive air swa	llowing)							
□ Other:									
Describe the patient's toileting	habits								
□ No concern (independently)		or assistance in the bathroom, but							
otherwise, is independent \Box	, 1	Nighttime accidents							
\Box Other:		Trightime accidents							
Does the patient have any seasonal, food, of medication allergy? \Box Yes \Box No If yes, please list allergies below									
Does the patient require any sp	ecial equipment?								
	Crutches \Box Cane \Box Whee	elchair 🛛 Walker 🗖 Gait belt							
□ Leg Braces □ Arm/Hand									
	1 0	- Rebuiller - Oxygeii							
□ Glasses □ Feeding Tube	□ Other:								

Please complete the following section regarding psychiatric diagnoses that have been provided								
by a qualified professional. Is the patient diagnosed with Intellectual Disability? □ Yes □ No								
If yes, please select the severity level								
□ Unsure/Unspecified □ Mild □ Moderate □ Severe □ Profound								
Is the patient diagnosed with Autism Spectrum Disorder? \Box Yes \Box No								
Is the patient diagnosed with an Anxiety Disorder? □ Yes □ No								
If yes, please describe								
Is the patient diagnosed with a Mood Disorder? Yes No								
If yes, is the disorder Bipolar I or II Disorder? Yes No								
If the disorder is not Bipolar or II Disorder, please describe the disorder								
Is the patient diagnosed with a Depressive Disorder? \Box Yes \Box No								
Is the patient diagnosed with Obsessive Compulsive Disorder (OCD)? \Box Yes \Box No								
Is the patient diagnosed with Attention Deficit Hyperactivity Disorder (ADHD)? Yes No								
Is the patient diagnosed with Post-traumatic Stress Disorder (PTSD)?								
Is the patient diagnosed with Disruptive Behavior Disorder/Conduct Disorder? \Box Yes \Box No								
Is the patient diagnosed with Intermittent Explosive Disorder? \Box Yes \Box No								
Is the patient diagnosed with Pica? \Box Yes \Box No								
Please list any other psychiatric diagnoses the patient has received below								

Please list any medical diagnoses that have been provided by a qualified professional below

Is the patient <u>currently</u> taking any medication? \Box Yes \Box No If yes, complete the following								
Medication	Dosage & Administrations Per Day	Prescribing Physician	Reason for Medication	Date Started				
		1 11) 0101011						

Are there any psychiatric medications the patient was <u>previously</u> prescribed? \Box Yes \Box No If yes, complete the following									
Medication	Dosage & Administrations Per Day	Reason for Medication	Start Date (or Year)	End Date (or Year)					

Please complete the fo	llowing for any specialty services	the patient rece	ives
Specialty	Physician Information	Purpose	Duration of Services
Primary Care Physician (PCP)	Name: Address:		Patient Since
	Phone Number:		
Psychiatrist	Name: Address:		Patient Since
	Phone Number:		
Speech Therapist	Name: Address:		Patient Since
	Phone Number:		
Occupational Therapist	Name: Address:		Patient Since
	Phone Number:		
Physical Therapist	Name: Address:		Patient Since
	Phone Number:		
ABA Therapist	Name: Address:		Patient Since
	Phone Number:		
Other	Name: Address:		Patient Since
	Phone Number:		

Section IV: Family History

Please check any of the fo immediate or extended bio			or have been p	present in the p	patient's
	Sibling	Mother	Father	Mother's Relatives	Father's Relatives
Developmental Delay					
ADHD					
Intellectual Disability					
Learning Disability					
Cerebral Palsy					
Blindness					
Deafness					
Seizures					
Autism					
Tics/Tourette's					
Depression					
Anxiety					
Suicide					
OCD					
Schizophrenia					
Sleep Disorder					
Alcohol Abuse					
Drug Abuse					
Migraine Headaches					
High Blood Pressure					
Diabetes					
Obesity					
Cancer					
Dementia/Alzheimer's					
Genetic Disorder					

Section V: Educational & Employment History

What type of school placement did the patient receive immediately prior to entering adulthood (age of 21)?									
\Box No school placement \Box Home School \Box Public School \Box Private School									
Please list the schools attended below starting with the most recent school.									
Name of School Place	ment	L	Location		Years attended				
While in school, which	special	services, if a	ny, did the patient r	equire?					
□ No services □ Ma	instrear	ned class	Individualized Ed	ducation	Plan (IEP)				
Behavior Intervention	n Plan ((BIP) \Box Sp	pecialized Classroom	m for Pro	oblem Behavior				
□ Staffing ratio of 1:1 of	or great	er 🛛 Vision	□ Speech/Langu	iage 🛛	Occupational Therapy				
□ Other:									
Did the patient attend a	nv high	er education i	institution after high	n school	$\gamma \square Y_{es} \square N_0$				
-			-						
If yes, please indicate th	le name		of the institution(s).					
Is the patient currently, If yes, please list all pla					job held.				
Employer		Location	Job Title	e	Dates of Employment				

Does the patient currently attend a day habilitation program? Yes No If yes, complete the following:							
		Contact Person Name Cont		tact Person Title			
Phone Number	Email Address						
Street Address			City, State		Zip		

Does the patient currently receive prevocational or vocational training outside of the context of a day habilitation program? Yes No If yes, complete the following:								
Company Name	C	Contact Person Name	Con	tact Person Title				
Phone Number	Email A	Address						
Street Address	•	City, State		Zip				

Does the patient currently receive other day services not previously mentioned? \Box Yes \Box No If yes, complete the following:							
What is the service provided?							
Service Provider Name	Co	ontact Person Name	ntact Person Title				
Phone Number	Email Ac	ldress					
Street Address		City, State		Zip			

Section VI: Behavioral Concerns and Intervention

Does the patient engage in self-injurious behavior (SIB)? \Box Yes \Box No If no, skip to the next box (regarding pica).									
If yes, please indicate which of the Head-banging Pulling own hair Eye poking Self-pinching Chin pressing on object Mouth biting Body slamming on wall Coprophagia (ingesting feces)	 e following the patient engages in. Hand-to-head hitting Biting self Body hitting Rectal digging Ear pulling Object to head Joint popping Other: 	 Wrist to surface Skin picking Self-scratching Nose picking Self-kicking Object to body Teeth grinding Other: 							
Does the patient wear any protective equipment due to their self-injury?YesNoIf yes, please indicate the relevant equipment worn by the patient.If yes, please indicate the relevant equipment worn by the patient.Knee padsHelmetArm splintsKnee padsGlovesOther:Other:How often does the patient engage in self-injurious behavior?									
	s per week □ Daily □ Hourly □								
 Please rate the severity of the self-injurious behavior by selecting one of the following Self-injurious behavior does not result in visible marks on the body and does not consist of any blows close to or contacting the eyes 									
□ Self-injurious behavior occas	ionally results in reddening of the s	skin and/or mild swelling							
 Self-injurious behavior frequently results in light scratches, small or shallow breaks in the skin and/or moderate to severe swelling AND/OR self-injurious behavior that occasionally leaves a scar 									
 Self-injurious behavior frequently results in scratches or other breaks to the skin that leaves scars AND/OR SIB either frequently or occasionally involves blows close to or contacting the eyes or results in trauma involving broken bones or lasting tissue damage or disfigurement 									
Does the patient engage in pica (a □ Yes □ No If no, skip to the next box (regarding	ttempting to or successfully eating ng aggression).	inedible objects)?							
If yes, please describe items that a in the past:	re typically targeted for consumpti	on or have been targeted							
How often does the patient engage	e in pica?								
\square Monthly \square Weekly \square 2-3 time	es per week 🛛 Daily 🗖 Hourly 🗖	l Multiple times per hour							

D1		41		- f		1	selecting		- f +	1	C - 11		
Please	rate	The	sevenity	OT	nica	nv	selecting	one	OT T	ne	τομ	$\alpha w n \sigma$	÷.,
I ICUSC	raic	unc	SCVCIILY	UI	prou	υy	sciecting	one	υι	nc.	IOII	0 w mz	•

Pica does NOT involve any of the following: solid items larger than ½ inch in diameter (e.g., coins, large buttons), sharp items (e.g., pins, staples), contaminated items (e.g., items from garbage can or ash tray, paint chips), or toxic/poisonous items (e.g., medicines, glue)
Pica involves solid items larger than $\frac{1}{2}$ inch in diameter (e.g., coins, large buttons), but <u>not</u> sharp, contaminated, or toxic or poisonous items
Pica involves sharp, contaminated, or toxic or poisonous items, but <u>not</u> requiring emergency medical attention (e.g., called physician for advice)
Pica involves sharp, contaminated, or toxic or poisonous items requiring emergency medical attention

Does the patient engage in aggressive behavior ? \Box Yes \Box No						
If n	o, skip to the next box (regarding	g property destruction).				
If yes, please indicate which of the following the patient engages in.						
	Hitting others	□ Kicking others	□ Biting others			
Punching		□ Grabbing	Hair pulling			
□ Pinching		□ Head butting	□ Slapping			
□ Scratching		□ Pushing/shoving	□ Choking			
□ Throwing objects at others		□ Spitting at others	\Box Chin pressing on others			
□ Body slamming		□ Pulling on others	□ Twisting fingers			
□ Limb twisting		□ Other:	□ Other:			
	C					
Ho	w often does the patient engage i	n aggressive behavior?				
\square Monthly \square Weekly \square 2-3 times per week \square Daily \square Hourly \square Multiple times per hour						
Please rate the severity of the aggressive behavior by selecting one of the following						
	□ Aggressive behavior occasionally results in reddening of the skin and/or mild swelling					
	Aggressive behavior frequently results in light scratches, small or shallow breaks in the skin and/or moderate to severe swelling AND/OR aggressive behavior that occasionally results in scars					
	□ Aggressive behavior fluently results in scratches or other breaks to the skin that leave scars AND/OR aggressive behavior either frequently or occasionally involves blows close to or contacting the eyes or results in trauma involving broken bones or lasting tissue damage or disfigurement					

Does the patient engage in property destruction ? \Box Yes \Box No If no, skip to the next box (regarding disruptive behavior).					
If yes, please indicate which of the following the patient engages in. Throwing objects Swiping objects Other:					
How often does the patient engage in property destruction?					
\Box Monthly \Box Weekly \Box 2-3 times per week \Box Daily \Box Hourly \Box Multiple times per hour					
Please rate the severity of the property destruction by selecting one of the following					
Property destruction results in disruption of the property but <u>no</u> permanent damage to paper items, plastic items, electronics, furniture, vehicles, or buildings					
□ Property destruction occasionally results in damage to paper items or other light objects					
Property destruction frequently results in breaking pencils, plastic items, electronics, or other breakable items and/or scratches or permanent marks on furniture, walls, cars, etc., AND/OR occasionally results in structural damage					
□ Property destruction frequently results in structural damage to furniture, cars, walls, etc.					
Does the patient engage in disruptive behavior ? Yes No If no, skip to the next box (regarding non-compliance).					
If yes, please indicate which of the following the patient engages in.□ Banging on objects□ Screaming□ Playing with saliva□ Spitting on objects□ Other:□ Other:					
How often does the patient engage in disruptive behavior?					
\Box Monthly \Box Weekly \Box 2-3 times per week \Box Daily \Box Hourly \Box Multiple times per hour					
Please rate the severity of the disruptive behavior by selecting one of the following					
□ Disruptive behavior does <u>not</u> interfere with daily activities and the patient can participate fully. Disruptive behaviors occur across less than 25% of waking hours. Minor environmental manipulations are required to avoid disruptions and redirection of these behaviors is easy.					
□ Disruptive behaviors interfere with daily activates such that the patient's participation is limited some of the time (i.e., trips are avoided or are not possible due to high levels of behaviors). Disruptive behaviors occur across more than 25-50% of waking hours. Environmental manipulations are required to avoid disruptions and redirection of these behaviors is manageable.					

	Disruptive behaviors interfere with daily activities such that the patient's participation is limited most of the time (i.e., trips are avoided or are not possible due to high levels of behaviors). Disruptive behaviors occur across more than 50-75% of waking hours. Moderate environmental manipulations are required to avoid disruptions and redirection of these behaviors is difficult, but possible.			
	Disruptive behaviors interfere with daily activities such that the patient cannot participate fully (i.e, trips are avoided or are not possible due to high levels of behaviors). Disruptive behaviors occur across more than 75% of waking hours. Significant environmental manipulations are required to avoid disruptions and redirection of these behaviors is difficult.			
		r r r	□ No	
	no, skip to the next box (1			
-	-	n of the following the patient		
	Saying "No"	U Whining/crying	\Box Refusal to complete task	
Engaging in SIB		22	1	
1		\Box Slides to floor	□ Refuses to remain seated	
	Other:	□ Other:	□ Other:	
Ho	w often does the patient	engage in non-compliance?		
	\Box Monthly \Box Weekly \Box 2-3 times per week \Box Daily \Box Hourly \Box Multiple times per hour			

Please rate the severity of the non-compliance by selecting one of the following

- □ When presented with an instruction, non-compliance frequently occurs and consists of refusing to do the task or whining
- □ When presented with an instruction, non-compliance frequently occurs and consists of crying, or sliding/dropping to the floor AND/OR non-compliance occasionally occurs and consists of disruptive behavior or property destruction
- □ When presented with an instruction, non-compliance frequently occurs and consists of disruptive behavior or property destruction AND/OR non-compliance occasionally occurs and consists of aggressive or self-injurious behavior
- □ When presented with an instruction, non-compliance frequently occurs and consists of aggressive or self-injurious behavior

Does the patient engage in **elopement**? If no, skip to the next box (regarding dangerous behaviors). If yes, please indicate which of the following the patient engages in. Attempts to leave a confined area (e.g., room, house, etc.) Refuses to remain seated (e.g., wanders away during meals or stationary vocational work) Attempts to pull away from you/staff / run away in public Other: How often does the patient engage in elopement?
Monthly Ueekly 2-3 times per week Daily Hourly Multiple times per hour
Please rate the severity of the elopement by selecting one of the following
Elopement involves slowly wandering away from caregivers and/or refusing to remain seated within a single room
Elopement involves wandering away from caregivers to go to another room (within the same building)
Elopement involves pulling away from caregivers and attempting to (or successfully) leaving the caregiver in public, but is easy to retrieve
Elopement involves attempting to (or successfully) darting away from caregivers either in

public or leaves a confided building and is difficult to retrieve/requires law enforcement to locate

Does the patient engage in dangerous behaviors ? U Yes No				
If no, skip to the next box (regarding emesis and ruminations).				
If yes, please indicate which of the following the patient engages in. Climbing on furniture Jumping on/off furniture Standing on furniture Touching heating vents Touching electrical sockets Banging on windows Other: Other:				
Ho	w often does the patient engage in dangerous behaviors?			
\Box Monthly \Box Weekly \Box 2-3 times per week \Box Daily \Box Hourly \Box Multiple times per hour				
Ple	ase rate the severity of the dangerous behaviors by selecting one of the following			
	□ Dangerous behavior occasionally results in reddening of skin, mild swelling, first-degree burns, or damage to property that is easily repaired			
	Dangerous behavior frequently results in light scratches, small or shallow breaks in the skin, moderate to severe swelling, a second-degree burn, or damage to property that is difficult to repair			
	□ Dangerous behavior results in scars, lasting tissue damage, disfigurement, a third-degree burn, or damage to property that is not possible to repair			
Does the patient engage in emesis and/or rumination ? \Box Yes \Box No				
If no, skip to the next box (regarding ritualistic behavior).				

If yes, please indicate which of the following the patient engages in. \Box Emesis (vomiting)

Rumination (bringing back up and/or re-chewing partially digested food that has already been swallowed)
 Other:

How often does the patient engage in emesis and/or rumination?

□ Monthly □ Weekly □ 2-3 times per week □ Daily □ Hourly □ Multiple times per hour

Please rate the severity of the emesis and/or rumination by selecting one of the following

- □ The patient engages in mild gagging behavior
- □ The patient occasionally engages in rumination and/or emesis that does NOT damage the esophagus, teeth, gums, or mouth
- □ The patient frequently engages in rumination and/or emesis that does damage the esophagus, teeth, gums, and/or mouth but does NOT lead to malnourishment, loss of consciousness, or hospitalization
- □ He patient frequently engages in rumination and/or emesis that does damage the esophagus, teeth, gums, and/or mouth AND has led to malnourishment (and/or need for a feeding tube), loss of consciousness, or hospitalization

Does the patient engage in **ritualistic behavior**? (Rigid routines that, when interrupted or unable to complete, can lead to challenging behavior) \Box Yes \Box No If no, skip to the next section.

If yes, please describe some rituals that are particularly problematic.

How often does the patient engage in ritualistic behavior?

 \Box Monthly \Box Weekly \Box 2-3 times per week \Box Daily \Box Hourly \Box Multiple times per hour

Please rate the severity of the ritualistic behavior by selecting one of the following

- □ When presented with a disruption to a ritual, the patient may whine, cry, or vocally protest
- □ When presented with a disruption to a ritual, the patient frequently non-violently pushes caregivers or other out of the way AND/OR occasionally engages in disruptive behavior or property destruction
- □ When presented with a disruption to a ritual, the patient frequently engages in disruptive behavior or property destruction AND/OR occasionally engages in aggressive or self-injurious behavior that leads to minor injuries
- □ When presented with a disruption to a ritual, the patient frequently engages in aggressive or self-injurious behavior that leads to moderate-severe injuries

Please note any other problem behaviors the patient engages in below.

Have the patient's problem behaviors resulted in any of the following?

□ Breaks to the skin leaving scars, broken bones, or lasting tissue damage to the patient

□ Breaks to the skin leaving scars, broken bones, or lasting tissue damage to others

□ Blows directed to own head resulting in concussions or other head trauma

Blows directed towards others resulting in concussions or other head trauma

□ Blows close to or contacting own eyes

Blows close to or contacting other's eyes

 \Box Emergency department visit by the patient

Emergency department visit by others (e.g., after aggressive behavior)

□ Hospitalization (e.g., on a psychiatric or neurobehavioral unit)

□ Placement in a developmental center

□ Involvement of law enforcement

□ Consumption of sharp, contaminated, or toxic items

□ Structural damage to furniture, walls, cars, etc.

□ Running away from caregivers, out of sights, and difficult to retrieve

 \Box None of the above

Does the patient currently have a Behavior Support Plan (BSP) in place?

□ Yes □ No

*If yes, please send a copy of the BSP along with this form.

Section VII: Admission Information

Does the patient receive Medicaid?	\Box No (if no, skip to the next box)		
State of Medicaid Program	Phone Number		
Medicaid Member ID Number			
*For residence of New Jersey, is the patient approved to participate in the NJ DDD Supports			

Program? Yes No

Does the patient receive private health insurance? \Box Yes \Box No (if no, skip to the next box)				
Insurance Company			Contact Number for the Plan	
Policy Holder's Name	Policy Holder's DOB	Po	licy ID Number	Policy Group Number
Policy Holder's Phone Number		•	Policy Holder's Addr	ess

If admitted into the Intensive Outpatient Clinic, will the caregiver or other provider be able to provide transport to and from the Rutgers Center for Adult Autism Services?

Thank you for completing this form! Once you are finished, please submit this document (along with a current copy of the patient's <u>Behavior Support Plan</u>, if applicable) to <u>ioc-referrals@rcaas.rutgers.edu</u>.