

# WHO WE SERVE

The Intensive Outpatient Clinic (IOC) serves adults aged 21 and older diagnosed with autism or a related disorder with a history of severe challenging behavior. Some examples may include self-injury, aggression, and property destruction.

## OUR TREATMENT APPROACH

All assessments and treatments utilized in the IOC are evidence-based and rooted in Applied Behavior Analysis (ABA) and Positive Behavior Support (PBS).

Treatment in the IOC typically involves:

- In-depth clinical and behavioral assessments
- The development and evaluation of comprehensive treatment packages designed to both decrease dangerous behavior and increase adaptive behavior and skills
- Ongoing training and consultation with caregivers and community partners

REFERRALS FOR ADMISSION CAN BE MADE BY VISITING [RCAAS.RUTGERS.EDU/IOC](https://RCAAS.RUTGERS.EDU/IOC)

# CONTACT US

### Website

[RCAAS.RUTGERS.EDU/IOC](https://RCAAS.RUTGERS.EDU/IOC)

### Email

[ioc-info@rcaas.rutgers.edu](mailto:ioc-info@rcaas.rutgers.edu)

### Address

100 Dudley Rd.  
New Brunswick, NJ 08901

### Phone

(848) 445 - 3973

### Hours of Operation

Monday - Friday 8:00am-4:00pm

### IOC Director

Julia Iannaccone, Ph.D., BCBA-D

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Rutger Center for  
Adult Autism Services



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# INTENSIVE OUTPATIENT CLINIC

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# WHO WE ARE

As a unit of the Rutgers Center for Adult Autism Services (RCAAS), the IOC exists to improve quality of life outcomes for adults with autism throughout the lifespan. This is accomplished by fulfilling our three-pronged mission of **service, training, and research**.



## OUR MISSION

To push the boundaries of what is possible for adults with autism and severe challenging behavior through exceptional and innovative:

- **Services** to transform the lives of those with challenging behavior
- **Training** for practitioners encountering these dangerous behaviors
- **Research** to advance the science and clinical application of assessment and treatment of severe challenging behavior in adult services

## OUR TEAM

Our team is comprised of interdisciplinary experts, including faculty from the Graduate School of Applied and Professional Psychology (GSAPP), Board Certified Behavior Analysts (BCBAs), Registered Behavior Technicians (RBTs), and direct support professionals.

As a university-based program, graduate students are a critical part of our team. They are from areas of study such as Applied Behavior Analysis, Applied Psychology, Clinical Psychology, and School Psychology.

## INTERESTED IN JOINING OUR TEAM?

Email us at  
[ioc-info@rcaas.rutgers.edu](mailto:ioc-info@rcaas.rutgers.edu)

# OUR IMPACT

## SERVICE

At full capacity, the IOC serves 2-3 clinic-based patients and 2-3 community-based patients at a time. In line with our treatment approach, initial assessments and treatment evaluations are typically conducted at the clinic. After identifying an effective treatment, generalization evaluations, caregiver training, and follow-up appointments are conducted in the community.

## TRAINING

We strive to provide excellence in training not only for our staff, but for clinicians and practitioners in the community as well. Trainings can be clinic-based or community-based. We provide trainings for those directly involved in a patient's care and for those responsible for providing care to a similar population.

## RESEARCH

The RCAAS and IOC exist to advance knowledge and understanding surrounding issues faced by adults with autism. Towards this end, IOC faculty and staff have a strong commitment to conducting and disseminating groundbreaking research related to the identification of evidence-based practices for helping adults on the spectrum realize their goals and full potential.